Tukhaari Chhant, First Mehl, Baarah Maahaa ~ The Twelve Months:

One Universal Creator God. By The Grace Of The True Guru:

Listen: according to the karma of their past actions, each and every person experiences happiness or sorrow; whatever You give, Lord, is good.

O Lord, the Created Universe is Yours; what is my condition? Without the Lord, I cannot survive, even for an instant.

The Formless Lord is contained in His Creation. To obey God is the best course of action.

Establishing the nine houses, and the Royal Mansion of the Tenth Gate above them, the Lord dwells in that home deep within the self.

All are Yours, You are my Beloved; night and day, I celebrate Your Love.

The twelve months begin with a full moon. The first month of the twelve is calendar.

Tukhaari Chhant, First Mehl, Baarah Maahaa ~ The Twelve Months:
How could I forget You, even for an instant? I am a sacrifice to You; singing Your Glorious Praises, I live.

No one is mine; unto whom do I belong? Without the Lord, I cannot survive.

I have grasped the Support of the Lord's Feet; dwelling there, my body has become immaculate.

O Nanak, I have obtained profound insight, and found peace; my mind is comforted by the Word of the Guru's Shabad. ||3||

Meeting the Guru, the Best Friend, with intuitive ease, the mortal falls in love with the Lord.

In each and every home, the Husband Lord ravishes and enjoys the happy soul-brides; so why has He forgotten me?

The sky is overcast with heavy, low-hanging clouds; the rain is delightful, and my Beloved's Love is pleasing to my mind and body.

The Lord comes into the temple of the body, when it pleases God's Will; the soul-bride rises up, and sings His Glorious Praises.

The Lord, in His Grace, has come into the home of my heart. ||4||

The forest is blossoming in front of my door; if only my Beloved would return to my home!

If her Husband Lord does not return home, how can the soul-bride find peace? Her body is wasting away with the sorrow of separation.

The bumble bee is buzzing around the flowering branches; but how can I survive? I am dying, O my mother!
O Nanak, in Chayt, peace is easily obtained, if the soul-bride obtains the Lord as her Husband, within the home of her own heart. ||5||

Baisakhi is so pleasant; the branches blossom with new leaves.

O Nanak, finding God in Baisakhi, the consciousness is filled with the Word of the Shabad, and the mind comes to believe. ||6||

The month of Jayt'h is so sublime. How could I forget my Beloved?

The earth suffers in pain, parched and roasted in the fire.
The fire dries up the moisture, and she dies in agony. But even then, the sun does not grow tired.

His chariot moves on, and the soul-bride seeks shade; the crickets are chirping in the forest.

She ties up her bundle of faults and demerits, and suffers in the world hereafter. But dwelling on the True Lord, she finds peace.

In the dark of night it rains; how can the young bride find peace? The frogs and peacocks send out their noisy calls.

The mosquitoes bite and sting, and the ponds are filled to overflowing; without the Lord, how can she find peace?

In Bhaadon, the young woman is confused by doubt; later, she regrets and repents.

The lakes and fields are overflowing with water; the rainy season has come - the time to celebrate!

The young bride is drying up the moisture, and she dies in agony. But even then, the sun does not grow tired.
Asun aa-o pira saa Dhan hoor mu-ee. In Assu, come, my Beloved; the soul-bride is grieving to death.

She can only meet Him, when God leads her to meet Him; she is ruined by the love of duality.

If she is plundered by falsehood, then her Beloved forsakes her. Then, the white flowers of old age blossom in my hair.

Summer is now behind us, and the winter season is ahead. Gazing upon this play, my shaky mind wavers.

In Katak, that alone comes to pass, which is pleasing to the Will of God.

Love is the oil in the lamp, which unites the soul-bride with her Lord. The bride is delighted, in ecstasy.

One who dies in faults and demerits - her death is not successful. But one who dies in glorious virtue, really truly dies.

Those who are blessed with devotional worship of the Naam, the Name of the Lord, sit in the home of their own inner being. They place their hopes in You.

The Primal Lord is Unmoving and Unchanging, Clever and Wise; all the world is fickle.
By virtue of spiritual wisdom and meditation, she merges in His Being; she is pleasing to God, and He is pleasing to her.

I have heard the songs and the music, and the poems of the poets; but only the Name of the Lord takes away my pain.

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In Phalgun, her mind is enraptured, pleased by the Love of her Beloved.

Night and day, she is enraptured, and her selfishness is gone.

Emotional attachment is eradicated from her mind, when it pleases Him; in His Mercy, He comes to my home.

I dress in various clothes, but without my Beloved, I shall not find a place in the Mansion of His Presence.

Emotional attachment is eradicated from her mind, when it pleases Him; in His Mercy, He comes to my home.

I have adorned myself with garlands of flowers, pearl necklaces, scented oils and silk robes.

I am loved by the One who has embellished and exalted me; I have met Him, and I savor His Love.